



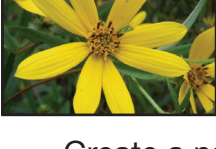
## North Carolina Native Plant Society

# Native Wildflowers of NC

Native species are those that occur naturally in an area. They are better adapted to local conditions requiring less care once established. When you create a native garden in your yard, you help sustain our native plant and pollinator populations, in particular our birds, butterflies and bees. Introduced plants do not provide the food and cover our native wildlife depend on and may become invasive, outcompeting the natives.

The native plants below are all perennials and should return each year if planted properly. They are available commercially but if your local nursery does not sell these native plants—encourage them to do so!

|                                                                                    | <b>Common Name</b>               | <b>Scientific Name</b>                                                            | <b>Bloom Time</b> | <b>Area Found</b>       | <b>Planting Needs</b>                    | <b>Native Notes</b>                                                                          |
|------------------------------------------------------------------------------------|----------------------------------|-----------------------------------------------------------------------------------|-------------------|-------------------------|------------------------------------------|----------------------------------------------------------------------------------------------|
|    | <b>Carolina Jessamine</b>        | <i>Gelsemium sempervirens</i>                                                     | Jan - May         | Piedmont and Coast      | Sun to part sun; average moisture        | Evergreen vine; deer resistant                                                               |
|    | <b>Smooth Highbush Blueberry</b> | <i>Vaccinium corymbosum</i>                                                       | Feb - May         | Piedmont Coast and Mtns | Sun to part sun; average to dry soil     | Deciduous shrub; fall color; edible fruits; attracts songbirds                               |
|   | <b>Eastern Columbine</b>         | <i>Aquilegia canadensis</i>                                                       | Mar - June        | Piedmont Coast and Mtns | Part shade; moist well-drained soil      | Semi-evergreen; spreads by reseeding itself                                                  |
|  | <b>Green-and-gold</b>            | <i>Chrysogonum virginianum</i>                                                    | Mar - June        | Piedmont Coast and Mtns | Part sun-part shade; average to dry soil | Evergreen; great as ground cover; deer resistant                                             |
|  | <b>Tickseeds (Coreopsis)</b>     | <i>Coreopsis verticillata</i> ,<br><i>C. lanceolata</i> ,<br><i>C. auriculata</i> | Mar - Aug         | Piedmont Coast and Mtns | Mostly sun                               | Semi-evergreen; deer resistant                                                               |
|  | <b>Foamflower</b>                | <i>Tiarella cordifolia</i>                                                        | April - May       | Piedmont Coast and Mtns | Shade; moist, well-drained soil          | Reseeds slowly; moderate deer resistance                                                     |
|  | <b>American Beautyberry</b>      | <i>Callicarpa americana</i>                                                       | May - July        | Piedmont and Coast      | Sun to part shade; average to moist soil | Deciduous shrub; purple berries provide fall food for birds; crushed leaves repel mosquitoes |
|  | <b>Eastern Purple Coneflower</b> | <i>Echinacea purpurea</i>                                                         | May - Aug         | Piedmont Coast and Mtns | Sun; average to dry soil                 | Stately flowers; birds like seeds                                                            |
|  | <b>Butterfly-weed</b>            | <i>Asclepias tuberosa</i>                                                         | May - Aug         | Piedmont Coast and Mtns | Sun to part sun; dry/moist soil          | Host plant for monarch, queen and grey hairstreak; deer resistant                            |

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|------------------------------------------------------------------------------------|----------------------------------------|---------------------------------------------------------|-------------------|-------------------------|----------------------------------------|------------------------------------------------------------------------------------|
|    | <b>Beebalm</b>                         | <i>Monarda didyma</i>                                   | May - Sept        | Piedmont and Mtns       | Sun to part shade; dry/ moist soil     | Hardy perennial; spreads assertively                                               |
|    | <b>Garden Phlox</b>                    | <i>Phlox paniculata</i>                                 | June - Aug        | Piedmont Coast and Mtns | Mostly sun                             | Long-blooming; butterfly favorite                                                  |
|    | <b>Black-eyed Susan, Coneflower</b>    | <i>Rudbeckia fulgida, R. triloba</i>                    | June - Oct        | Piedmont Coast and Mtns | Sun to part shade; dry/ moist soil     | Long-flowering; seed heads attract song birds                                      |
|    | <b>Goldenrod</b>                       | <i>Solidago odora, S. nemoralis, S. caesia</i>          | June - Nov        | Piedmont Coast and Mtns | Varies by species                      | Great for late season pollinators; avoid aggressive species                        |
|    | <b>Joe-Pye-weed</b>                    | <i>Eutrochium (Eupatorium) fistulosum, E. purpureum</i> | July - Sept       | Piedmont Coast and Mtns | Sun to part sun; moist soil            | Special value to honey bees; will get tall in moist areas; seeds eaten by sparrows |
|   | <b>Cardinal Flower</b>                 | <i>Lobelia cardinalis</i>                               | July - Oct        | Piedmont Coast and Mtns | Sun/shade; moist soil                  | Depends on hummingbird for pollination; moderate deer resistance                   |
|  | <b>New York Ironweed</b>               | <i>Vernonia noveboracensis</i>                          | Aug - Sept        | Piedmont Coast and Mtns | Full sun; wet, moist soil              | Very tall; seeds attract song birds; deer resistant                                |
|  | <b>Common White Heart-leaved Aster</b> | <i>Eurybia divaricata</i>                               | Aug - Oct         | Piedmont and Mtns       | Part shade/ shade; average to dry soil | Spreads readily; blooms nicely in shade                                            |
|  | <b>Asters (Symphyotrichum)</b>         | <i>S. oblongifolium, S. cordifolium</i>                 | Aug - Nov         | Piedmont Coast and Mtns | Mostly sun                             | Valuable for late season beauty and pollinators                                    |
|  | <b>Perennial Sunflowers</b>            | <i>Helianthus angustifolius, H. divaricatus</i>         | Aug - Nov         | Piedmont Coast and Mtns | Mostly sun; average soils              | Often large flowers; seed heads attract song birds; some spread vigorously         |

Create a native garden in your yard, and help sustain our native plant and pollinator populations. Do your homework to make sure you choose native plants suited to your site conditions. With proper planting and care, these perennials will become established in your yard.

**For information about the North Carolina Native Plant Society and to find a local chapter, visit [www.NCNPS.org](http://www.NCNPS.org) or email [secretary@ncwildflower.org](mailto:secretary@ncwildflower.org)**



**Sources:**

<http://www.ncnps.org>

<http://plants.usda.gov>

Mellichamp, Larry. 2014. *Native Plants of the Southeast*, Timber Press, Portland, Oregon

<http://www.xerces.org/pollinator-conservation>

<http://namethatplant.net>