

Native Plants for Bee Forage

Compiled by Debbie Roos, North Carolina Cooperative Extension

copy provided by

A complete list of plants with accompanying photos and cultural information is under construction on Cooperative Extension's Growing Small Farms website. For more information, visit the Growing Small Farms website at www.protectpollinators.org.



| Common Name | Scientific Name | Origin |
|---------------------------|--------------------------|---------------------|
| <u>Perennials</u> | | |
| Anise hyssop | Agastache spp. | some species native |
| Nodding onion | Allium cernuum | native |
| Sandhills bluestar | Amsonia ciliata | native |
| Arkansas bluestar | Amsonia hubrechtii | native |
| Eastern bluestar | Amsonia tabernaemontana | native |
| Columbine | Aquilegia canadensis | native |
| Swamp milkweed | Asclepias incarnata | native |
| Butterfly weed | Asclepias tuberosa | native |
| Common milkweed | Asclepias syriaca | native |
| Aster | Aster spp. | native |
| Wild indigo | Baptisia spp. | native |
| Gray-leaved conradina | Conradina canescens | native |
| Lobed tickseed | Coreopsis auriculata | native |
| Lance-leaf tickseed | Coreopsis lanceolata | native |
| Greater tickseed | Coreopsis major | native |
| Tickseed | Coreopsis pubescens | native |
| Tall tickseed | Coreopsis tripteris | native |
| Coreopsis | Coreopsis verticillata | native |
| American dittany | Cunila origanoides | native |
| Purple coneflower | Echinacea purpurea | native |
| Fleabane | Erigeron spp. | native |
| Rattlesnake master | Eryngium yuccifolium | native |
| Joe-pye weed | Eupatorium dubium | native |
| Boneset | Eupatorium perfoliatum | native |
| White snakeroot | Eupatorium rugosum | native |
| Lanceleaf blanketflower | Gaillardia aestivalis | native |
| Beeblossom | Gaura spp. | native |
| Common sneezeweed | Helenium autumnale | native |
| Purple-head sneezeweed | Helenium flexuosum | native |
| Swamp sunflower | Helianthus angustifolius | native |
| Oxeye daisy | Heliopsis helianthoides | native |
| Rose mallow | Hibiscus spp. | native |
| Seashore mallow | Kosteletzkya virginica | native |
| Blazing star | Liatris spp. | native |
| Cardinal flower | Lobelia cardinalis | native |
| Great blue lobelia | Lobelia siphilitica | native |
| Bee balm | Monarda didyma | native |
| Eastern horsemint | Monarda punctata | native |
| Evening primrose | Oenothera fruticosa | native |
| Wild quinine | Parthenium integrifolium | native |
| Beardtongue | Penstemon spp. | native |
| Eastern gray beardtongue | Penstemon canescens | native |
| Phlox | Phlox spp. | native |
| Obedient plant | Physostegia virginiana | native |
| Hoary mountain mint | Pycnanthemum incanum | native |
| Clustered mountain mint | Pycnanthemum muticum | native |
| Narrow-leaf mountain mint | Pycnanthemum tenuifolium | native |
| Virginia mountain mint | Pycnanthemum virginianum | native |
| Prairie coneflower | Ratibida columnifera | native |

| Common Name | Scientific Name | Origin |
|-------------------------|--------------------------|---------------|
| Orange coneflower | Rudbeckia fulgida | native |
| Black-eyed susan | Rudbeckia hirta | native |
| Green-head coneflower | Rudbeckia laciniata | native |
| Brown-eyed susan | Rudbeckia triloba | native |
| Lyre-leaf sage | Salvia lyrata | native |
| Elderberry | Sambucus canadensis | native |
| Hoary skullcap | Scutellaria incana | native |
| Large-flowered skullcap | Scutellaria integrifolia | native |
| Woodland stonecrop | Sedum ternatum | native |
| Axillary goldenrod | Solidago caesia | native |
| Anise-scented goldenrod | Solidago odora | native |
| Rough-leaf goldenrod | Solidago rugosa | native |
| Showy goldenrod | Solidago speciosa | native |
| Stokes' aster | Stokesia laevis | native |
| Aster | Symphyotrichum spp. | native |
| Foamflower | Tiarella wherryi | native |
| Verbena | Verbena canadensis | native |
| Swamp verbena | Verbena hastata | native |
| Ironweed | Vernonia noveboracensis | native |
| Culver's root | Veronicastrum virginicum | native |

Trees and Shrubs

| | | |
|------------------------|---------------------------|---------------------|
| Maple | Acer spp. | some species native |
| Red buckeye | Aesculus pavia | native |
| Serviceberry | Amelanchier arborea | native |
| New Jersey Tea | Ceanothus americanus | native |
| Buttonbush | Cephalanthus occidentalis | native |
| Redbud | Cercis canadensis | native |
| Pepperbush | Clethra alnifolia | native |
| Eastern persimmon | Diospyrus virginiana | native |
| Fothergilla | Fothergilla major | native |
| Carolina silverbell | Halesia carolina | native |
| Witch hazel | Hamamelis virginiana | native |
| Oak-leaf hydrangea | Hydrangea quercifolia | native |
| St. John's Wort | Hypericum frondosum | native |
| Possumhaw | Ilex decidua | native |
| Inkberry | Ilex glabra | native |
| American holly | Ilex opaca | native |
| Yaupon | Ilex vomitoria | native |
| Virginia sweetspire | Itea virginica | native |
| Tulip poplar | Liriodendron tulipifera | native |
| Southern magnolia | Magnolia grandiflora | native |
| Sweetbay | Magnolia virginiana | native |
| Sourwood | Oxydendrum arboreum | native |
| Ninebark | Physocarpus opulifolius | native |
| Carolina cherry laurel | Prunus caroliniana | native |
| Sumac | Rhus spp. | native |
| Blackberry | Rubus spp. | most species native |
| Willow | Salix spp. | some species native |
| Elderberry | Sambucus canadensis | native |
| Sassafras | Sassafras officinale | native |
| Hardhack | Spiraea tomentosa | native |
| Blueberry | Vaccinium spp. | native |
| Viburnum | Viburnum spp. | native |
| Adam's needle | Yucca filamentosa | native |

Vines

| | | |
|----------------|-------------------------|--------|
| Climbing aster | Ampelaster carolinianus | native |
| Honeysuckle | Lonicera sempervirens | native |
| Passionflower | Passiflora spp. | native |